

Sample Self-Assessment Questions

Overview

The Laudato Si' Action Platform provides a self-assessment. Having an overall view of our current practices in integral ecology can be very helpful. **Being able to see where we stand gives us a sense of direction, an understanding of how far we've come and where we might want to go from here.**

When you begin the self-assessment, you will see a few questions about what life is like in your area. These questions help the tool adapt to your needs.

Then, you will see questions about your current practices. These questions address the holistic Laudato Si' Goals, so you can expect to consider everything from your electricity and water use to your educational and spiritual practices.

The self-assessment is tailored to the context of your sector and region. It will take you approximately 30 to 60 minutes to complete.

Selected Questions

These are a few of the questions you can expect to see on the self-assessment.

These sample questions are not adapted to sectors or regions, but will provide a general sense of the questions you will encounter.

You will encounter questions that encourage you to share the initiatives that are important to you, such as these:

- In the last 12 months, how have you taken action to respond to the cry of the poor? Please share freely any initiatives that are meaningful to you.
- In the last 12 months, how have you taken action to embrace ecological spirituality? Please share freely any initiatives that are meaningful to you. In case it's helpful, some participants take action on ecological spirituality by celebrating the Season of Creation, praying outdoors, weaving creation into liturgical practices, or developing interreligious dialogue.
- In the last 12 months, have you taken action to protect all life? As examples, you may have participated in educational workshop or public events, or promoted materials that illustrate the connection between ecological issues and the protection of life.

You will encounter simple yes/no questions, such as these:

- Have you pledged that you have divested from or will never invest in fossil fuels and other investments that harm creation?
- In the last 12 months, did you celebrate the Season of Creation with an event, statement, or other public action?
- Have you received training on environmental science and Catholic social teaching?

Depending on your sector and region, you might encounter questions about the amount of resources you use, such as these:

- Electricity use is an important component of a carbon footprint. Do you know how many kilowatt hours of electricity you used in the last 12 months? If not, that's all right. We can also help you understand your electricity use and carbon footprint through your spending. Roughly speaking, approximately how much do you spend on electricity per month?
- Water, a precious resource, is a key component of our lifestyles. Do you know the amount of water you used in the last 12 months? In case it's helpful, this water may have been used for drinking, restrooms, or gardens. If not, that's all right. We can also help you understand your use of water through your spending. Roughly speaking, approximately how much do you spend on water per month?

These questions and others will create a carbon footprint and information about how your practices compare with those of other participants. You will receive a report that you can both review as a baseline for action and share with others as you feel called.